FOR SILVER HUB ONLY!*  
How to Remove Wheel for Tire/Tube Change

STEP ONE
Do NOT use a 3mm allen wrench and try to loosen the Axle Screw. It will not move and is easily stripped.

STEP TWO
A. Start by loosening the Bearing Race using a 13 mmm flat wrench (found at any bike shop).
B. Turn wrench CLOCKWISE to loosen. Do this on BOTH sides.
C. Once both sides are loosened, use 3mm allen wrench to remove Axel Screw.

NOTE: The wheel may not spin as easily at this time. This is normal and will spin easily after re-assembly.

D. Once the Axel Screw is removed there may be a washer that needs to be installed between the Fork and the Axel when you re-assemble.

STEP THREE
A. Assemble in the reverse order, remembering to install the washer(s), if applicable.
B. Install Axle Screw all the way in.
C. Do the final tightening of the Bearing Race by turning the 13 mm flat wrench COUNTER CLOCKWISE. This needs to be done on BOTH sides (tightens the bearing

*If your FreeWheel hub is BLACK, please refer to page 8 of the on-line FreeWheel Set-Up Guide under the PRODUCTS tab at www.gofreewheel.com
If you have any additional questions please contact us at:
info@gofreewheel.com